



Third Thursday of the Month **Stroke Support & Wellness Group**

Providing Support & Education

This group is designed to promote health and healing following a stroke for both the caregiver and survivor. Participants will be provided with education, support and networking opportunities.

- **Join us the third Thursday of the month**
 - **4:30 to 5:30 p.m.**

Location: Kearney Physical Therapy
2707 2nd Ave Suite B, Kearney, NE

****For questions: 308-865-7189 or 308-865-7183***

To receive reminder updates and to be added to our email distribution list please send an email to: shelly.jorges@commonspirit.org

A zoom link can also be shared upon request!

Hello humankindness®