

# What is a Brain Injury?

## Acquired Brain Injury (ABI):

Injury to the brain which is not hereditary, congenital or degenerative, that occurs after birth. ABI includes anoxia, aneurysms, infections to the brain, stroke, and external trauma.

## Traumatic Brain Injury (TBI):

A type of ABI caused by a bump, blow, or hit to the head; or a penetrating head injury that disrupts normal function of the brain. TBI includes concussion and abusive head trauma.

# Contact BIA-NE Today

**(844) 423-2463**

**(402) 423-2463**

**info@biane.org**

**biane.org**

[facebook.com/BrainInjuryNebraska](https://facebook.com/BrainInjuryNebraska)



## Brain Injury Resource Facilitation

# Resource Facilitation

Looking for resources and supports related to a brain injury?

Resource Facilitation is a free service through the Brain Injury Alliance of Nebraska that assists individuals with brain injury, their families, caregivers and professionals find answers to questions about brain injury in Nebraska.

Regardless of age, financial status or duration since the injury, Brain Injury Alliance of Nebraska Resource Facilitators are here to help.



## RF Provides



### Case Consultation

Provide support, education and resources to individuals living with brain injury and collaborate with individuals, families and professionals



### Training Opportunities

Educational events for individuals with brain injury, caregivers, providers and professionals throughout the state



### Support Group Listings

Provide an up-to-date list of brain injury support groups for caregivers and individuals with brain injury throughout Nebraska

Brain Injury Alliance of Nebraska works to create a better future for all Nebraskans through brain injury *prevention, education, advocacy, and support.*

## When to Contact BIA-NE

- Discussion about what to expect following a brain injury
- Assistance locating professionals who can help
- Review local, state, and federal service systems
- Referrals to available resources in your area
- Connect individuals to local support groups