



Nebraska Brain Injury Support Groups

Support groups are a helpful connection to resources for people living after any kind of brain injury. The groups are facilitated by volunteers. Brain Injury Alliance of Nebraska promotes and supports the efforts of the groups. Please contact the Support Group Facilitator to get the dates, times and location for the meeting you wish to attend.

Group Name / Group Facilitator(s)	Contact Information
Statewide Virtual Support Groups (via Zoom)	
Three different support groups held monthly: <ul style="list-style-type: none"> • Group 1 - Open to All Participants • Group 2 - Individuals with Brain Injuries Only • Group 3 - Brain Injury Caregivers/Family Members 	Penny Costello 402-432-0605 • penny.costello@gmail.com To Join a Group and Receive the Meeting Link: Fill out the Google Form at bit.ly/virtualbiane
<i>Incarcerated Populations</i> (open to individuals in the Corrections system, and family members)	Shir Smith 402-683-0754 • shir@biane.org MenDi McCuiston 402-683-0712 • mendi@biane.org
Alliance	
Patrick Duldulao and TaLisa Brown	Patrick Duldulao 308-761-3372 • fduldulao@bbgh.org TaLisa Brown 308-761-3372 • tbrown@bbgh.org
Chadron	
Maddie Nitsch	Maddie Nitsch 308-432-5586 • madison.nitsch@chadronhospital.com
Columbus	
Meghan Jantzi and Morgan Kapels	Meghan Jantzi 402-562-3333 • mmjantzi@columbushosp.org Morgan Kapels, SLP mmkapels@columbushosp.org
Council Bluffs	
Ruth Hamlin and Chris Stewart	Ruth Hamlin 402-650-7132 • martinwoodinternational@gmail.com Chris Stewart 402-890-7126 • chris@biane.org
Grand Island	
Jennifer Niedfelt	Jennifer Niedfelt 308-398-5896 • jennifer.niedfelt@commonspirit.org
Kearney	
Sheila Kennedy	Sheila Kennedy 402-683-0717 • sheila@biane.org

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Group Name / Group Facilitator(s)	Contact Information
Lincoln	
Karen Hux, PhD and Gina Simanek, MA, LMHP	Karen Hux, PhD 402-573-3700 • karen.hux@qliomaha.com Gina Simanek, MA, LMHP 402-683-0715 • gina@biane.org
Nita Sipple	Nita Sipple 402-890-4521 • nita_sipple@yahoo.com
Norfolk	
Charlotte Endorf and Chris Stewart	Charlotte Endorf 402-860-3774 • ckendorf@gmail.com Chris Stewart 402-890-7126 • chris@biane.org
North Platte	
Judy Nichelson	Judy Nichelson 308-532-7451 • judy_nichelson@outlook.com
Omaha	
Anne Hupka	Anne Hupka 402-680-7861 • ahupka@yahoo.com
<i>Sunrise Strength Running Group</i>	Krissy Hamm 402-659-1765 • krissykhamm@gmail.com
<i>Omaha Area Brain Injury Support Group</i>	Tiffany Armstrong 402-401-3265 • tarmstrong@madonna.org
<i>Teen and Twenties Support Group</i>	Tammy Storer 402-572-3403 • tamara.storer@commonspirit.org http://bit.ly/NEteensandtwenties
Papillion	
<i>Caregivers of Survivors of Brain Injury</i>	Anne Hupka 402-680-7861 • ahupka@yahoo.com
Scottsbluff	
Martha Douglas	Martha Douglas 308-641-6826 • mdouglas.braininjurygroup@gmail.com

Looking for more ways to connect?

Check out the Nebraska Brain Injury Facebook Support Group: bit.ly/NEBrainInjurySupport.

