

13TH ANNUAL NEBRASKA BRAIN INJURY CONFERENCE

MARCH 28 & 29, 2019



YOUNES CONFERENCE CENTER | KEARNEY, NEBRASKA

SAVE!

Early bird registration postmarked
or online by FEBRUARY 15, 2019
Registration deadline: MARCH 15, 2019

PRESENTED BY:



**Brain Injury
Alliance**
NEBRASKA

10.3 Contact Hours Available

2019 SPONSORS



“Paper, print and postage expenses for this conference are supported, in part by grant number 90TBSG0036-01-00, from the U.S. Administration for Community Living, Department of Health and Human Services, Washington, D.C. 20201. Grantees undertaking projects under government sponsorship are encouraged to express freely their findings and conclusions. Points of view or opinions do not, therefore, necessarily represent official Administration for Community Living policy.”

7:30 – 9:00 a.m.	Registration & Coffee in Exhibit Area / Diamond 6, 7, 8
9:00 a.m. Diamond 9 & 10 Everyone	Triple Whammy: Barriers, Behavioral, Addiction Issues and Resilience After TBI / Dr. Rolf Gainer, PhD, Diplomate ABDA, CEO at Brookhaven Hospital and Vice President of Rehabilitation Institutes of America, Tulsa, OK <i>Objectives:</i> Review studies of people living with brain injury and co-occurring mental health and addiction disorders; discuss significance of returning to social role as part of the long-term outcomes of brain injury. Identify resources needed to prevent aspects of psychosocial problems that affect quality of life and health.
10:10 a.m.	Break with Food - Exhibit Area / Diamond 6, 7, 8
10:25 a.m. Everyone Diamond 9 & 10	Neuroplasticity / Dr. Jeff Snell, PhD, Director of Psychology and Neuropsychology and K.C. Hewitt, M.S., Psychology Intern at QLI, Omaha <i>Objectives:</i> Define neuroplasticity and demonstrate (at a basic level) the process of building /rebuilding pathways as a method of rehabilitation; illustrate how skills relate to pathways in the brain and identify a process beneficial to the development and restoration of neural pathways.
11:25 a.m.	Stretch Break (No Snacks Provided)
11:35 a.m.	Breakout Sessions: Choose one
Diamond 1 & 2 Everyone	Resilience After Brain Injury: Sustaining Positive Change / Dr. Rolf Gainer, PhD, CEO, Diplomate ABDA, Brookhaven Hospital, Tulsa, OK <i>Objectives:</i> Examine the loss of self and related issues caused by brain injury disability, the process of recovery and the requirements for social role/network return. Illustrate the psychological aspects of and strategies and approaches to enhance and support personal social network return.
Diamond 9 & 10 Professional Level	The Effects of Brain Injury and Its Influence on Balance Related to Physical Therapy Interventions / Laura Corbridge, PT, Outpatient Physical Therapy, Bryan Health Center for Dizziness and Balance, Lincoln <i>Objectives:</i> Identify sensory systems that play a role in balance and motor impairments that affect balance reactions; explain how the wide spectrum of brain injury relates to the motor and sensory components that influence balance and describe the role of physical therapy for balance following brain injury.
12:35 p.m.	BIA-NE Awards Luncheon / Diamond 4 & 5 Peggy Reisher, Executive Director, MSW, Brain Injury Alliance of Nebraska
2:00 p.m.	Breakout Sessions: Choose one
Diamond 1 & 2 Everyone	Take Home Technology / Erin Young, OTD, OTR/L; QLI, Omaha <i>Objectives:</i> Identify useful technology and equipment, recognize and judge appropriateness of technological solutions for specific deficits arising from brain injury or stroke, and examine the usefulness of available consumer technology for compensation or environmental access.
Diamond 9 & 10 Professional Level	Pediatric Concussions: Managing Symptoms That Just Won't Go Away / Adam Kafka, MD; Medical Director; Madonna Rehabilitation Hospital-Lincoln Campus <i>Objectives:</i> Assess and categorize post-concussive symptoms and review target interventions based upon clinical presentation and determine appropriate patient referrals.
3:00 p.m.	Break with Food - Exhibit Area / Diamond 6, 7, 8
3:20 p.m.	Breakout Sessions: Choose one
Diamond 1 & 2 Everyone	Why You Need a Neuropsych Evaluation NOW / Jeromy Warner, PSY.D., LP, Psych. Coordinator Behavioral Services Mary Lanning Healthcare, Hastings <i>Objectives:</i> Explain what a neuropsychological evaluation is and common reasons for having an evaluation as soon as possible; illustrate common mistakes made related to neuropsychological testing and discuss how to prepare for a neuropsychological evaluation and make it worth your while.

Thursday, MARCH 28

3:20 p.m.	Breakout Sessions: Choose one
Diamond 9 & 10 Professional Level	Surviving Concussions in the School Setting / Dr. Rachel Kluthe, E.D. and Sharon Royers, M.S., M.A. Objectives: Define concussion, describe symptoms and identify environmental factors in the school setting that affect a child or person recovering from a concussion and describe effective accommodations in the school setting for an individual with a concussion.
4:20 p.m.	Stretch Break (No Snacks Provided)
4:30 p.m. Diamond 9 & 10 Everyone	Survivors of Brain Injury Panel Discussion / Moderator: Dr. Brenda Petersen MD, PhD. Panel Members: Sheila Kennedy, Kearney; Mark Goblowsky, Omaha; Loren Warren, Lincoln; Barb Davis, Scottsbluff. Objectives: Illustrate the increased stress that caregivers and survivors may suffer after losing institutional assistance following a brain injury and demonstrate how to bridge the gap between medical care/ rehabilitation and a community-based continuity of care.
5:30 p.m.	Conclusion (For Contact Hours turn in Day 1 evaluations & receive certificate at Registration Desk)
7:00 p.m.	Creating Connections: Roundtable discussions. See information on flyer in packet.

Friday, MARCH 29

7:00 – 8:00 a.m.	Registration & Coffee in Exhibit Area Diamond 6, 7, 8
8:00 a.m.	Breakout Sessions: Choose one
Diamond 1 & 2 Everyone	Love Your Brain Yoga / Sarah Lively, MS, Health and Wellness Coaching; Owner unbound SOUL – Yoga Studio; Instructor, Love Your Brain Yoga Objectives: Conduct a “Love Your Brain” yoga session and describe the evidence-based benefits of yoga and meditation for TBI rehabilitation and key modifications to improve safety and accessibility for persons with brain injury.
Diamond 9 & 10 Professional Level	Disorders of Consciousness with Severe Traumatic Brain Injury / Brooke Murtaugh, OTD, OTR/L, CBIST; Madonna Rehabilitation Hospitals; Lincoln-Omaha Objectives: Define Disorders of Consciousness and examine behavioral characteristics of disordered consciousness. Describe rehabilitation treatment interventions and long-term outcomes.
9:00 a.m.	Stretch Break (No Snacks Provided)
9:10 a.m.	Breakout Sessions: Choose one
Diamond 1 & 2 Everyone	Employment – Out of the Workshops and into the Community (But at a Fair Wage) / Brad Meurrens, MPA, Public Policy Director, Disability Rights Nebraska, Lincoln Objectives: Illustrate and increase awareness about federal and state laws that allow sheltered workshops to pay people with disabilities sub-minimum wage.
Diamond 9 & 10 Professional Level	Intersection Between Brain Injury and Domestic Violence / Shirlene Smith, Incarcerated Victim Advocate, and Emma Raye Reichenberg, Violence Prevention Education and Outreach Coordinator; Rape & Domestic Abuse Program; North Platte Objectives: Explain the relationship between domestic violence and TBI and discuss the dynamics of domestic violence and power/control relationships. Describe the opportunities to screen for TBI in survivors of domestic violence in order to offer more trauma informed care and programming.
10:10–10:30 a.m.	Break with Food - Exhibit Area Diamond 6, 7, 8 (Check out of hotels)

10:30 a.m. Diamond 9 & 10	<p>Recognition of the Critical Relationship Between the Brain and Microbiome Following a Traumatic Brain Injury: A Nutritional Perspective / Sue Wilson MA, LAT, ATC, Chief Research and Resource Development Officer for CTE Hope Foundation, Indianola, IA</p> <p>Objectives: Describe the relationship between the Brain and Microbiome (gut) Axis; demonstrate the behavior modifications that can be implemented to improve the Brain-Gut Axis. Illustrate areas in your daily lifestyle behaviors that could be opportunities to change and enhance the function of the Brain-Gut Axis.</p>
11:30 a.m.	10-minute Stretch Break (No Snacks Provided)
11:40 a.m. Diamond 9 & 10	<p>Aging with a Brain Injury: Evidence and Treatment / Matthew Garlinghouse, Ph.D., Assistant Professor of Neurological Sciences, UNMC, Omaha</p> <p>Objectives: Describe the impact of prior brain injuries on an aging population, evaluate changes in cognition and personality that are associated with aging and brain injury and assess some strategies one can use to assist in the maintenance of independence.</p>
12:40 p.m.	Conclusion (For Contact Hours turn in Day 2 evaluations & receive certificate at Registration Desk)

2019 Brain Injury Conference

Early bird registration forms must be postmarked by (or online registration sent by) **FEBRUARY 15, 2019**. **TO REGISTER:** use the form (page 5) or register online: <https://biane.org/events/conference/overview.html> before **MARCH 15, 2019**. (Mail-in forms are available to download on the Registration web page as well.)

Contact Hours Are Available to Many Health Professionals:

Contact hours meet Nursing Standards, but may also be acceptable for Social Workers, Occupational Therapists, Physical Therapists, Mental Health Practitioners, Educators and Vocational Rehabilitation Counselors. See BIA-NE website for information regarding contact hours, go to <https://biane.org/events/conference/professionals.html> 6.3 contact hours are available on 3/28 and 4 contact hours are available on 3/29. *Continuing Education Contact Hours awarded by Iowa Western Community College, Iowa Board of Nursing, Provider #6*

Exhibits & Sponsorships:

At the Nebraska Brain Injury Conference, exhibitors can reach a wide variety of professionals who work in the brain injury field and families who are living with brain injury. If you are interested in exhibiting or sponsoring the conference, contact Cindy at cindy@biane.org or 402-304-8103. <https://biane.org/events/conference/exhibitors/>

Scholarships are Available for those with Brain Injuries:

We offer special Brain Injury Survivor scholarships. Scholarships are for persons with brain injury who could not otherwise afford to attend the conference. These are conference registrations limited to persons with brain injury and are claimed quickly, so act fast. Contact Cindy at cindy@biane.org or 402-304-8103. **Scholarships do not cover lodging.**

Conference Location/Lodging:

The conference is held at the Younes Conference Center at 416 Talmadge Road, Kearney, NE. It is located directly behind the Holiday Inn at the first intersection north of I-80. ***Lodging is not covered with registration.*** Please see "Lodging" information at <https://biane.org/events/conference/lodging.html> and say you are with the ***Nebraska Brain Injury Conference.***

Speaker Handouts Available Online BEFORE the Conference:

Printed handouts are not provided at the conference. The speaker presentations provided to us will be displayed **March 21 through April 5.** Go to "Conference Speaker Presentations" to print handouts: <https://biane.org/events/conference/speaker-presentations.html>.