### Navigating Medicare.gov

NEBRASKA

Medicare.gov Basics ✓ Health & Drug Plans ✓ Get help with Medicare costs Check Savings Programs Log in/Create Account See how Medicare is responding to Coronavirus Learn More 2022 Medicare costs Talk to Someone Find plans Get started Learn about Medicare See basic Medicare costs Get answers & local help Find health & drug plans for 2022

Local help for Nebraskans with Medicare

# Nebraska SHIP

- Federally funded member of the SHIP National Network
- Administrator of Nebraska's SMP (Senior Medicare Patrol)
- Division of the Nebraska Department of Insurance
- Seven locations statewide
  - Network of over 300 Certified Counselors
  - Area Agency on Aging (AAA)
  - Volunteers Assisting Seniors (VAS)
- Provides Medicare Education & Counseling
  - Free
  - Confidential
  - Unbiased
- **1-800-234-7119**
- www.doi.nebraska.gov/SHIP



Local help for Nebraskans with Medicare

## Topics

Medicare Part D

Medicare Advantage Plans (Part C)

- The Three Cs
- Protect Your Medicare
- Medicare.gov Demo

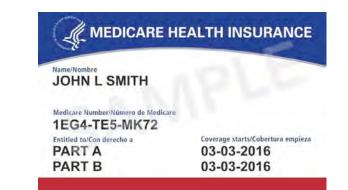


Local help for Nebraskans with Medicare

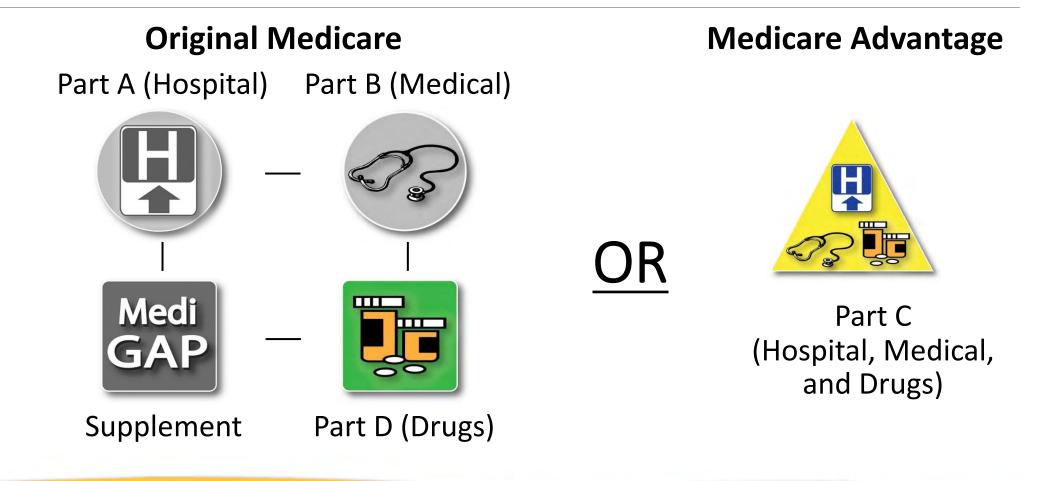
# What is Medicare?

#### Federal Health Insurance created in 1965

- Part A Hospital Insurance
- Part B Medical Insurance
- Must meet one to qualify:
  - 65 or over
  - Qualifying Disability
  - End-Stage Renal Disease (ESRD)



# Prescription Drug Coverage



#### Part D – Drug Insurance **Original Medicare Medicare Advantage** Part A (Hospital) Part B (Medical) UR Medi Part C GAP (Hospital, Medical, and Drugs) Supplement Part D (Drugs)

# Part D – Drug Insurance

- 22 plans in 2022
  - Brand name drugs
  - Generic drugs

#### Premiums

- **\$6.80 \$116.10**
- IRMAA on higher wage earners
- Deductible
  - **\$0 \$480.**
- Copay/Coinsurance
  - **\$0 50%**



# Enrollment

- Initial Enrollment Period
- Special Enrollment Period
  - Retirement
  - Change in Residence
  - Involuntary Loss of Creditable Coverage
- Open Enrollment
- Enrollment Options:
  - Contact the plan directly
  - Enroll online at <u>Medicare.gov</u>
  - Nebraska SHIP

# **Avoiding Penalties**

- Join a Medicare drug plan when you're first eligible
- Enroll in a Medicare drug plan if you lose other creditable coverage such as:
  - Current or former employer/union plan
  - TRICARE or VA
  - Indian Health Service
    - Keep records showing when you had creditable drug coverage, and tell your plan if they ask about it

## Part D Resources

- Pharmacy Directory
- Formulary
- Evidence of Coverage
- Explanation of Benefits

## Part D Card

#### •Must be used to get drugs at network pharmacies





#### **Original Medicare Medicare Advantage** Part B (Medical) Part A (Hospital) H OR Medi Part C ПТ GAP (Hospital, Medical, and Drugs) Supplement Part D (Drugs)

# Medicare Advantage

- Alternative to Original Medicare
  - Purchased from private insurance companies
  - Must be enrolled in both Part A & B
- Blends Part A, Part B and usually Part D
  - Must offer equal/better coverage than Original Medicare
  - May offer extra benefits
    - Dental
    - Vision
    - Hearing
- Availability varies by county
  - 5 counties in Nebraska without this option
    - Brown, Cherry, Kimball, Richardson, and Sioux



# Medicare Advantage

#### Premiums

- \$0 \$125 per month
- Continue to pay Part B premium

#### Deductibles

- Up to \$1,000 for health
- Up to \$480 for prescriptions

### Copay/Coinsurance

- Out-of-pocket maximum
  - HMOs/PFFSs/Cost \$3,000 \$6,700
  - PPOs \$3,800 \$11,300



# Provider Access

- Medicare Advantage plans have a network of providers
  - PPO and Cost Plans You get the best prices by using in-network providers
    - In-network providers offer lower copay/coinsurance and out-of-pocket maximums
    - Out-of-network providers charge higher copay/coinsurance and out-of-pocket maximums
  - HMO Must use providers in-network
    - In-network providers offer lower copay/coinsurance and out-of-pocket maximums
    - Out-of-network providers charge you 100% of the cost of the service
  - In any MA Plan, Prior Authorization Requirements may exist for:
    - Specialist Visit
    - Diagnostic Tests & Procedures
    - Durable Medical Equipment
    - Inpatient Hospital Coverage

# Enrollment

- When to enroll
  - Initial Enrollment Period
    - At age 65
    - Seven-month period beginning three months prior to birthday month
  - Special Enrollment Period
    - After age 65 when losing creditable coverage from active employment
    - 63 days to enroll, in order to avoid late enrollment penalties
  - Annual Open Enrollment
    - October 15 December 7

# Avoiding Drug Coverage Penalties

- Enrollment can be delayed without penalty if you have creditable coverage (equal or better)
  - Drug insurance from active employment
  - VA benefits
  - TRICARE for Life
  - Federal Employee Health Benefit Program
  - Many retiree or union health plans
- Insurers are required to notify you annually about creditable status
- Caution: Enrollment into a plan could affect employer or union health plan benefits

# Enrollment

- How to enroll
  - Enroll online at <u>www.medicare.gov</u>
  - Contact insurance company directly
  - Contact Nebraska SHIP
- •Make sure to consider <u>ALL</u> factors before enrollment

# Medicare Advantage Plan Resources

- Plan Directory
  - Provider
  - Pharmacy
  - Dental
- Formulary
- Evidence of Coverage
- Explanation of Benefits

# Medicare Advantage Card

•Must be used to get any services covered by the plan and to get drugs at network pharmacies



# The Three Cs

When evaluating prescription drug coverage options, you should consider the three Cs:

Cost

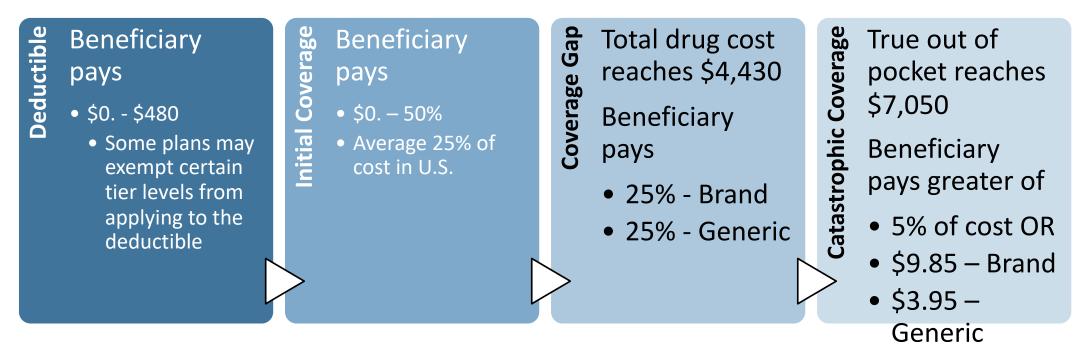
- Coverage
- Convenience

## Cost

- •Your actual drug plan costs will vary depending on:
  - The drugs you use
  - The plan you choose
  - Whether your drugs are on your plan's formulary
  - Which tier your drug is assigned to
  - The pharmacy you choose
    - Preferred
    - Standard
    - Out-of-Network

### Cost

#### Levels that determine copays/coinsurance



# Cost - Extra Help

- LIS (Low Income Subsidy) helps pay Part D cost
  - Single
    - Income < \$1,719/month</p>
    - Assets\* < \$15,510</p>
  - Married
    - Income < \$2,309/month</p>
    - Assets\* < \$30,950</p>
  - Apply at <u>www.ssa.gov</u> or at Nebraska SHIP

\*Assets do not include car or home

## Coverage

### Plan Formulary (drug list)

- Federal law requires coverage of:
  - At least two drugs from each class of drug category
  - HIV/AIDS treatments
  - Antidepressants
  - Antipsychotics
  - Anticonvulsive treatments for seizure disorders
  - Immunosuppressant medications
  - Anticancer drugs
- Drugs assigned by Tier Level

## Coverage

#### Restrictions

- Prior Authorization
  - Doctor must show medical necessity
  - Ensures drugs are used correctly/safely
- Step Therapy
  - Must try less expensive drug first
  - Identifies cost-effective drugs
- Quantity Limits
  - Limits quantity of certain drugs within a time period
  - Ensures safety and cost control
- You may request an exception to these restrictions; the plan reserves the right to honor the request

## Convenience

- Pharmacy choices
  - Preferred Cost Sharing
    - Lower copays
  - Standard Cost Sharing
    - Higher copays
  - Out-of-Network
    - Pay 100% of cost

# Protect Your Medicare

#### Protect



- Social Security number/Medicare number
- Shred letters with personal identifying information
- Medicare does not call or visit

#### Detect

- Review Medicare Summary Notice (MSN)
- Review Explanation of Benefits (EOB)
- Keep records/Healthcare Journal

#### Report



- Ask questions
- Call Nebraska SHIP or;
- Call Medicare

## Protect Your Medicare

How to report Medicare fraud:

- Contact Nebraska SHIP at 1.800.234.7119 or;
- Contact Medicare at 1.800.633.4227

Have information ready:

- Your name and Medicare number.
- The provider's name and any identifying information you may have.
- The service or item you're questioning and when it was supposedly given or delivered.
- The payment amount approved and paid by Medicare.
- The date on your Medicare Summary Notice or claim.

# What about next year?

# •How many plans will there be next year and what will their cost be?

We don't know yet. Medicare releases drug plan information on October 1 every year.

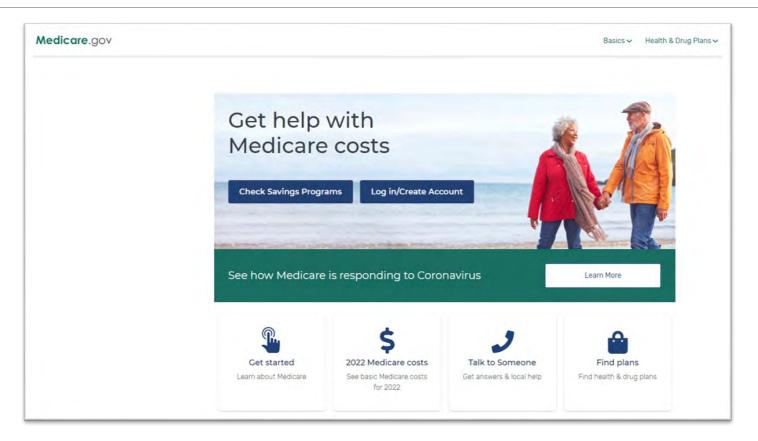
## Do you compare?

- Annual Open Enrollment
  - October 15 December 7
  - Chance to compare all available plans
    - Best coverage
    - Lowest cost
  - Changes take effect January 1 of following year

Call Nebraska SHIP for assistance with your annual comparison or do it yourself at <a href="http://www.medicare.gov">www.medicare.gov</a>

- Medicare card
- Drug plan card or MA plan card
- Current list of drugs with dosage

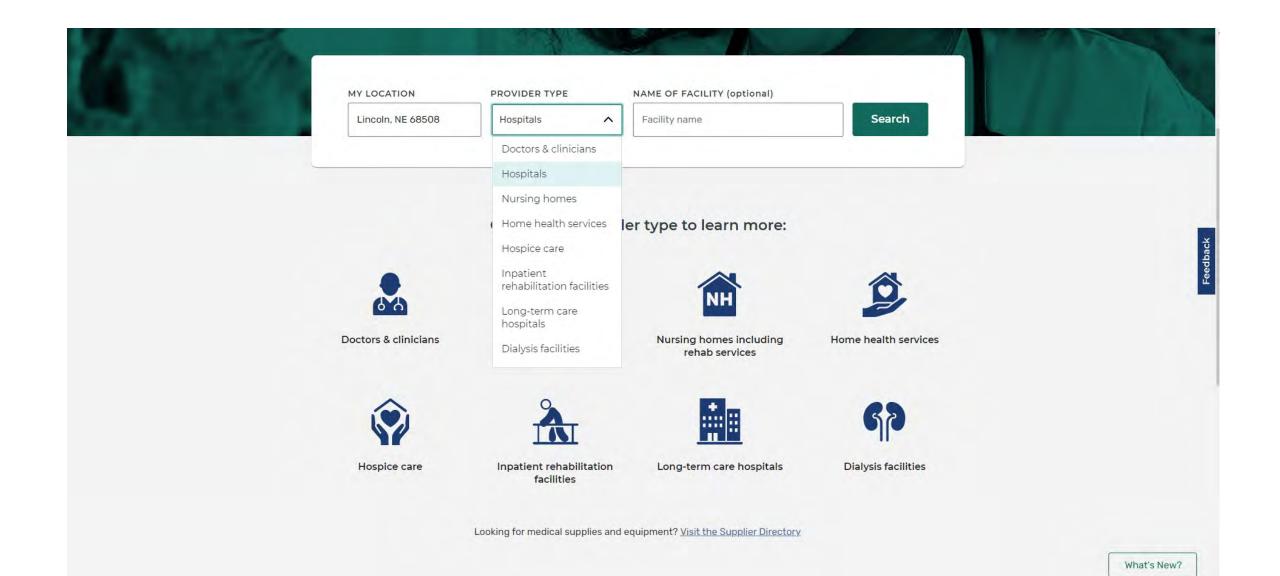
## Medicare.gov Demo



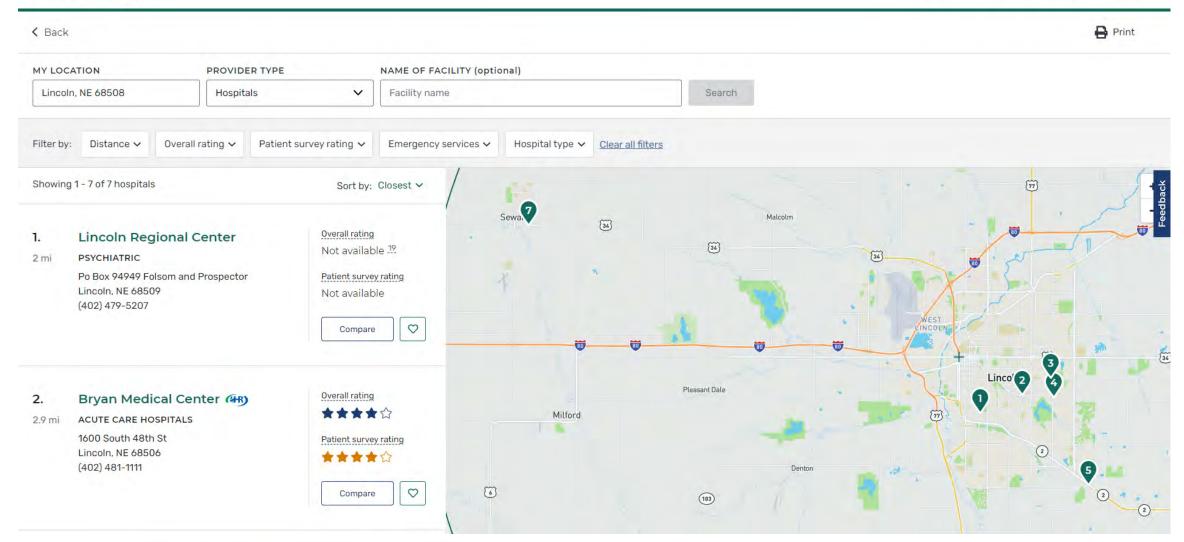
Note: Slide images may be different then what is currently on the Medicare.gov site.

# Find a Provider or Facility





#### Medicare.gov



#### Medicare.gov

K Back Q Start a new search

Hospital

### **Bryan Medical** Center •••

Overall rating: \*\*\*\*

Patient survey rating:

\*\*\*\*

LOCATION 1600 South 48th St Lincoln, NE 68506

PHONE NUMBER (402) 481-1111

♥ Add to Favorites

Ratings Quality Details Location

RATINGS

**Overall rating** 



The overall rating is based on how well a hospital performs across different areas of quality, like treating heart attacks and pneumonia, readmission rates, and safety of care.

Ra	tings	Quality	Details	Location

QUALITY

Choose a category to see how this hospital scores on quality topics:

Timely & effective care	>
Complications & deaths	>
Unplanned hospital visits	>
Psychiatric unit services	>
Payment & value of care	>

DET	<b>FAI</b>	LS

Hospital type Acute Care Hospitals Provides emergency services? Yes Bryan Medical Center

Ougliby

### **Timely & effective care**

These measures show how often or how quickly hospitals provide care that research shows gets the best results for patients with certain conditions, and how hospitals use outpatient medical imaging tests (like CT scans and MRIs). This information can help you compare which hospitals give recommended care most often as part of the overall care they provide to patients.

Find out why these measures are important

Get more information about the data

Get current data collection period

#### Sepsis care

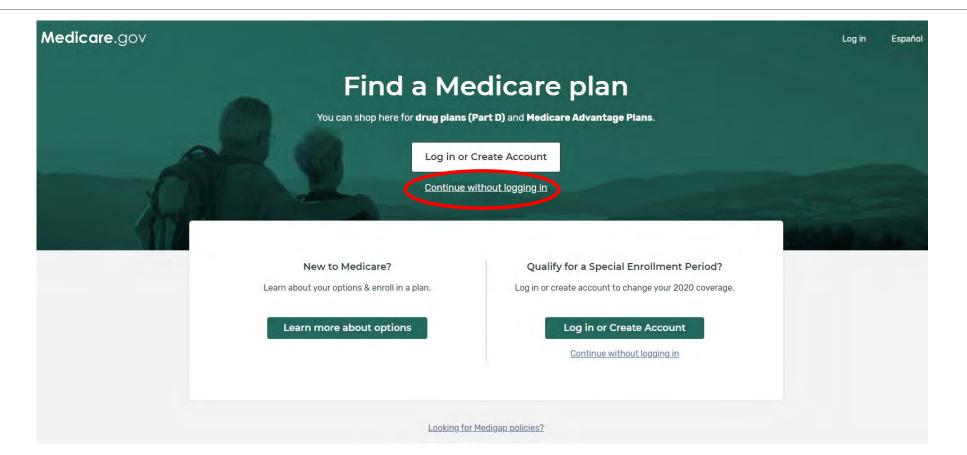
Sepsis is a complication that occurs when your body has an extreme response to an infection. It causes damage to organs in the body and can... <u>Read more</u>

Percentage of patients who received appropriate care for severe sepsis and septic shock

 Higher percentages are better

47% of 561 patients National average: 60% 26 Nebraska average: 55% 26 X

Print



	Answer a few quick questions
	What type of 2020 Medicare coverage do you want?
	You must have Medicare before you can enroll in a Medicare Advantage Plan or Drug plan (Part D). Outside Open Enrollment (October 15 - December 7) you can enroll only during specific times. like your Initial Enrollment Period or a Speci Enrollment Period. Learn more about when you can enroll.
	I want to learn more about Medicare options before I see plans
	O Medicare Advantage Plan
_	O Drug plan (Part D)
	O Drug plan (Part D) + Medigap policy
	Medigap policy only

#### For the best experience, log in or create an account.

When logged in, you can:

- See drug prices based on any help you get
- Compare your current plan to others

Access & store your drug list
Enjoy other useful features

#### Medicare.gov

#### Answer a few quick questions

What type of 2020 Medicare coverage do you want?

You must have Medicare before you can enroll in a Medicare Advantage Plan or Drug plan Enrollment Period. <u>Learn more about when you can enroll.</u>

- O I want to learn more about Medicare options before I see plans
- O Medicare Advantage Plan
- Orug plan (Part D)

Adds drug coverage to Original Medicare.

- O Drug plan (Part D) + Medigap policy
- Medigap policy only

ENTER YOUR ZIP CODE

68508 Continue

ENT	ER YOUR ZIP CODE
68	3508 Continue
Sele	ct your county
0	68508, Lancaster, NE
Do	you get help with your costs from one of these programs?
0	Medicaid
0	Supplemental Security Income
0	Medicare Savings Program
0	Extra Help from Social Security
0	I'm not sure
0	I don't get help from any of these programs

Next

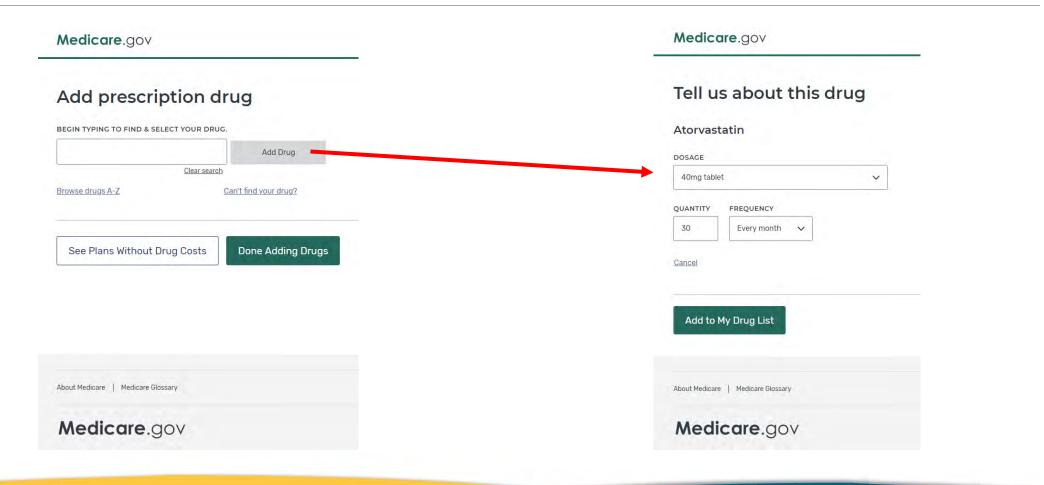
#### Medicare.gov

#### Tell us your search preferences

Do you want to see your drug costs when you compare plans?

0	Yes
	Great! To see drug costs, get ready to enter the name, dosage, quantity, and frequency for each drug you take regularly.
0	No
Hov	v do you normally fill your prescriptions?
0	Retail pharmacy
0	Mail order pharmacy
9	Both
	You'll need to tell us the pharmacies you use most to get accurate drug costs.

Next



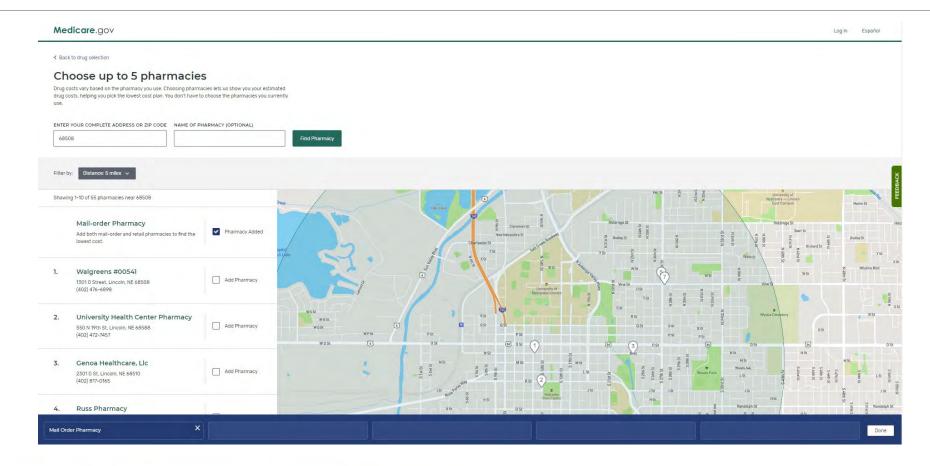
Medicare.gov							Log in	Español
Confirm your drug list								
Atorvastatin 40mg tablet generic Remove drug	Quantity 30	Frequency Every month Edit drug						
Find & Add Drug Done Adding Drugs								
About Medicare   Medicare Glossary			Nondiscrimination/Accessibility	Privacy Policy	Privacy Setting	Linking Policy	Using this site	Plain Writing
Medicare.gov				(	A federal Centers f 7500 Sec	government websit rr Medicare & Medic ırity Boulevard, Bal	e managed and pa aid Services. timore, MD 21244	id for by the U.S

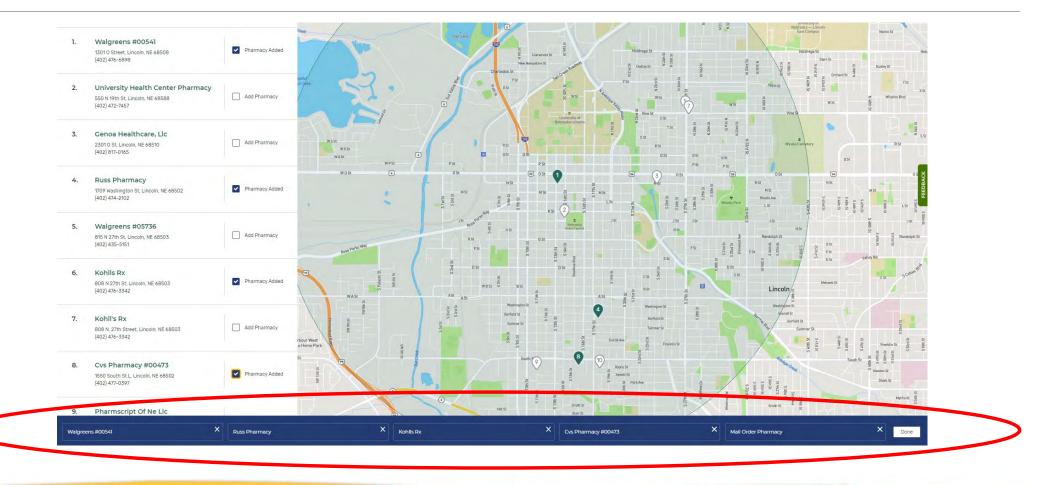
#### Medicare.gov

#### Confirm your drug list

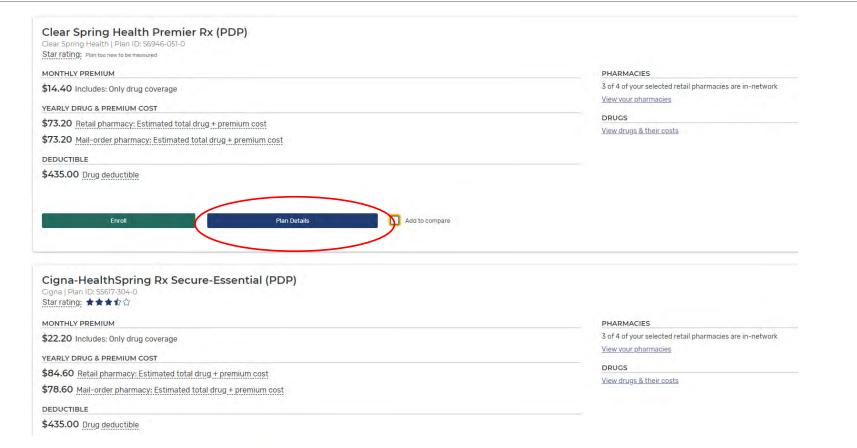
Amitriptyline hydrochloride	Quantity	Frequency
10mg tablet	60	Every month
generic		
Remove drug		<u>Edit drug</u>
Atorvastatin 40mg tablet	Quantity	Frequency
generic	30	Every month
Remove drug		<u>Edit drug</u>
Metoprolol succinate 25mg	Quantity	Frequency
tablet extended release 24 hour	30	Every month
generic		
Remove drug		<u>Edit drug</u>
Pantoprazole 40mg tablet	Quantity	Frequency
delayed release	60	Every month
generic		
Remove drug		Edit drug







Medicare.gov	Log in Español
nere may be Medicare Advantage Plans available with lower drug costs. <u>Tell me more.</u>	View 16 available Medicare Advantage Plans
29 Prescription Drug Plans available	Print
ancaster, NE <u>Change location</u>	Filter Plans
dit your drugs & pharmacies	
howing 10 of 29 drug plans	SORT PLANS BY Lowest drug + premium cost ~
Clear Spring Health Premier Rx (PDP) Clear Spring Health   Plan ID; S6946-051-0 Star rating: Plan too new to be measured	
MONTHLY PREMIUM	PHARMACIES
\$14.40 Includes: Only drug coverage	3 of 4 of your selected retail pharmacies are in-network
YEARLY DRUG & PREMIUM COST	<u>View your pharmacies</u>
\$73.20 Retail pharmacy: Estimated total drug + premium cost	DRUGS
\$73.20 Mail-order pharmacy: Estimated total drug + premium cost	View drugs & their costs
DEDUCTIBLE	



oring Health ar Spring H pe: Drug plan (Part D) :56946-051-0	lealt	h Premier R	x (PDP)			Clear Spring Health <b>Clear Spring</b> Plan type: Drug plan (Part D) Plan ID:56946-051-0		th Premier R	k (PDP)		
view	~	Overview				Overview	~	Overview			
j coverage & costs	~					Drug coverage & costs	~	PREMIUM			
ratings	~	V Total monthly premium \$14.40			Star ratings	~	Total monthly premium	Total monthly premium \$14.40			
Contact information 🗸 🗸		DEDUCTIBLE	Contact information	Contact information							
		Drug plan deductible			Drug plan deductible	\$43	5.00				
		Drug coverage &			Drug coverage & costs						
		See if there's help to lower o	- 1		See if there's help to lower costs for drugs you take.						
		Plans group their drug list		ortion of the drug cost in certain tiers I	based on which coverage phase you're in for this plan			Plans group their drug lists Learn more about drug tier		portion of the drug cost in certain tiers	based on which coverage phase you're in for this plan
		TIPR DRUG COST FOR	Preferred retail pharmacy drug cost for 1-	month				TIER DRUG COST FOR St	andard retail pharmacy drug cost for 1	month	
		Tiers	Initial coverage phase	Gap coverage phase	Catastrophic coverage phase			Tiers	Initial coverage phase	Gap coverage phase	Catastrophic coverage phase
		Preferred Generic	\$1.00 copay					Preferred Generic	\$10.00 copay		
		Generic	\$3.00 copay	Generic drugs: 25%	Generic drugs: \$3.60 copay or 5% (whichever costs more)			Generic	\$20.00 copay	Generic drugs: 25%	Generic drugs: \$3,60 copay or 5% (whichever costs more)
		Preferred Brand	\$40.00 copay	25% Brand-name drugs:	Brand-name drugs:			Preferred Brand	\$47.00 copay	Brand-name drugs:	Brand-name drugs:
				\$8.95 copay or 5% (whichever costs more)			Non-Preferred Drug	50%	25%	\$8.95 copay or 5% (whichever costs more)	
		Specialty Tier			Specialty Tier	25%					

#### Pharmacies

Change Pharmacies

See the cost level to fill your drugs at the pharmacies you chose. You can also change pharmacies to see the cost level of other pharmacies in your area to find the lowest cost pharmacy.

More about pharmacy cost levels		
WALGREENS #00541	~	Standard in-network pharmacy
RUSS PHARMACY	~	Preferred in-network pharmacy
CVS PHARMACY #00473	~	Preferred in-network pharmacy
KOHLLS RX	×	Out-of-network pharmacy
Mail Order Pharmacy		Costs vary based on the specific mail-order pharmacy

ESTIMATED DRUG COSTS DURING COVERAGE PHASES

The drug prices shown may vary based on the plan and pharmacy you've selected. Contact the plan if you have specific questions about drug costs.

Learn more about coverage phases.

#### WALGREENS #00541 - Drug costs during coverage phases Standard in-network pharmacy

Selected drugs	Retail cost	Cost before deductible	Cost after deductible	Cost in coverage gap	Cost after coverage gap
Amitriptyline hydrochloride 10mg tablet	\$11.64	\$11.64	\$11.64	\$2.91	\$3.60
Atorvastatin 40mg tablet	\$9.74	\$9.74	\$9.74	\$2.43	\$3.60
Metoprolol succinate 25mg tablet extended release 24 hour	\$10.18	\$10.18	\$10.18	\$2.54	\$3.60
Pantoprazole 40mg tablet delayed release	\$11.51	\$11.51	\$11.51	\$2.88	\$3.60
Monthly totals	\$43.06	\$43.07	\$43.07	\$10.76	\$14.40

#### stimated total drug + premium cost

You will pay \$172.41 per year on drug + premium costs. Based on current drug costs, it's estimated that:

· You won't meet your \$435.00 deductible this year

#### Estimated monthly drug costs

This doesn't include your monthly plan premium of \$14.40.

View the costs of your drugs every month A

Time period	Estimated monthly drug costs	
October	\$43.07	
November	\$43.07	
December	\$43.07	

#### RUSS PHARMACY - Drug costs during coverage phases

Preferred in-network pharmacy

Selected drugs	Retail cost	Cost before deductible	Cost after deductible	Cost in coverage gap	Cost after coverage gap
Amitriptyline hydrochloride 10mg tablet	\$11.00	\$3.00	\$3.00	\$2.75	\$3.60
Atorvastatin 40mg tablet	\$7.70	\$1.00	\$1.00	\$1.92	\$3.60
Metoprolol succinate 25mg tablet extended release 24 hour	\$9.14	\$3.00	\$3.00	\$2.28	\$3.60
Pantoprazole 40mg tablet delayed release	\$8.81	\$3.00	\$3.00	\$2.20	\$3.60
Monthly totals	\$36.64	\$10.00	\$10.00	\$9.15	\$14.40

#### Estimated total drug + premium cost

You will pay \$73.20 per year on drug + premium costs Based on current drug costs, it's estimated that: · You won't meet your \$435.00 deductible this year

#### Estimated monthly drug costs

This doesn't include your monthly plan premium of \$14.40.

View the costs of your drugs every month 🔨

Estimated monthly drug costs **Time period** \$10.00

October

\$10.00 November

December \$10.00

#### OTHER DRUG INFORMATION

Selected drugs	Tier	Prior authorization	Quantity limits	Step therapy
Amitriptyline hydrochloride 10mg tablet	Tier 2			
Atorvastatin 40mg tablet	Tier 1			
Metoprolol succinate 25mg tablet extended release 24 hour	Tier 2			
Pantoprazole 40mg tablet delayed release	Tier 2			

#### MY DRUG LIST

Selected drugs	Package	Quantity	Frequency	Brand/Generic
Amitriptyline hydrochloride 10mg tablet		60	Every month	Generic
Atorvastatin 40mg tablet		30	Every month	Generic
Metoprolol succinate 25mg tablet extended release 24 hour		30	Every month	Generic
Pantoprazole 40mg tablet delayed release		60	Every month	Generic

Edit/Remove drugs

PART B DRUGS 🐱					
Chemotherapy drugs	Not covered				
Other Part B drugs	Not covered				
tar ratings					
OVERALL STAR RATIN	1G v			*****	
- Drug plan (Part D) s	tar rating				
Summary rating of dr		*****			
+ Drug plan customer ser					
+ Member complaints & c		****			
+ Member experience with the drug plan					
+ Drug safety & accuracy of drug pricing					
Contact information					
CONTACT INFORMATION					
View plan website	P 0 Box 269005 Weston, FL 33326	<u>1-800-222-6700</u> Members	<u>1-800-735-1459</u> Non-members		

# Nebraska SHIP

- Medicare information by phone, in-person or via WebEx
- Cost comparisons for Part C, Part D & Supplements
- Medicare enrollment help and problem solving
- Fraud prevention education and reporting
- Low Income Subsidy application assistance
- Presentations for your group
- **1**-800-234-7119
- www.doi.nebraska.gov/SHIP



Local help for Nebraskans with Medicare