



Nebraska Brain Injury Conference

- Live Virtual Edition -
September 3rd - 4th, 2020

Sponsored by:



Brain and Spinal Cord
Injury Specialists



CHI Health

Immanuel Rehabilitation Institute



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8:00 a.m. Everyone	<p>Mindfulness-Based Consciousness in Brain Injury Rehabilitation / Dave Anders, MS, CCC-SLP; CBIST On With Life, Director of Therapy Services, Ankeny, IA</p> <p><i>Objectives:</i> Define the basic concepts associated with conscious professionalism; identify the concepts at the juncture between mindfulness, professionalism and neurorehabilitation; and illustrate techniques to apply conscious professionalism concepts within the team and clinical settings.</p>
9:00 a.m. Everyone	<p>Ambiguous Loss and Grief / Ben Woodworth, MSW, CBIST, Director of Training; Iowa Association of Community Providers, Urbandale, IA</p> <p><i>Objectives:</i> Identify the psycho-social impacts of brain injury and concepts pertaining to grief and ambiguous loss on the individuals and on the multiple systems, including the family system; and review key strategies for managing ambiguous loss after brain injury and show how to apply these strategies as well as cite further resources and options for further training.</p>
10:00 a.m.	Break
10:15 a.m.	Breakout Sessions
Everyone	<p>Dry Needling / Michelle Ninemire, PT, DPT and Jocelyn Shaal, PT, DPT, Physical Therapy; CHI Immanuel Health Rehabilitation Care, Omaha</p> <p><i>Objectives:</i> Review proposed mechanisms and effects of trigger point dry needling and report subjective and objective findings indicating appropriate referral for dry needling; demonstrate indications, precautions, and contraindications related to dry needling technique and discuss state laws and limitations related to dry needling.</p>
Professional Level	<p>SWAPS and EmReg: Evidence-Based Interventions Problem Solving and Emotional Regulation Challenges / Dave Anders, MS, CCC-SLP, CBIST; Clinical Director, On With Life, Ankeny, IA</p> <p><i>Objectives:</i> Demonstrate the clinical indications for application of the SWAPS and EmReg interventions with individuals with brain injury; explain the steps associated with the SWAPS intervention and with the EmReg intervention in clinical application.</p>
11:15 p.m.	LUNCH
12:00 p.m.	Breakout Sessions
Everyone	<p>Behavior Management: Managing Agitation After a Brain Injury / Tiffany Armstrong, MSN, RN, CRRN, CBIS, Clinical Supervisor/Brain Injury Program Leader; Madonna Rehabilitation Hospital, Omaha</p> <p><i>Objectives:</i> Identify strategies to prevent behaviors stemming from brain injury from escalating, describe strategies to de-escalate agitation in persons with brain injury.</p>
Professional Level	<p>Psycho-Social Implications of Brain Injury: The Need for Cultural Competence in Professional Caregivers / Ben Woodworth, MSW, CBIST, Director of Training; Iowa Association of Community Providers, Urbandale, IA</p> <p><i>Objectives:</i> Identify the psycho-social impacts of brain injury and the multiple systems in which people experiencing brain injury are served; describe the key components of cultural competence and how those components apply to work as professional caregiver; and explain resources, strategies and options for training and educating professionals about both the psycho-social impacts of brain injury and cultural competence.</p>

1:00 p.m.	Breakout Sessions:
Everyone	Make Your Voice Heard / Kathy Hoell, Executive Director and Brad Meurrens, MPA, Public Policy Director; Disability Rights Nebraska, Lincoln <i>Objectives:</i> Demonstrate why advocacy is important and identify opportunities to advocate and encourage participants to have their voices heard; illustrate why confidence is necessary to advocate for legislative or other policy changes.
Professional Level	Novel Application of Virtual Reality Technology for TBI / Erin Young, OTD, Occupational Therapist; QLI, Omaha <i>Objectives:</i> Identify three practical therapeutic applications of the readily-available virtual reality tools for patients and illustrate current customization and adaptation developments of existing virtual reality platforms for rehabilitation use.
Everyone	Return to Learn; Concussions and the Classroom / Rebecca Docter, MA, ATC, Athletic Trainer; Children's Hospital & Medical Center Specialty Pediatric Center - Sports Medicine, Omaha <i>Objectives:</i> Describe cognitive concussion symptoms affecting the student in the classroom; identify academic accommodations appropriate for the classroom and demonstrate appropriate management strategies for unique situations with concussion.
2:00 p.m.	Break
2:15p.m.	Breakout Sessions:
Professional Level	Concussion Management Team: The Primary Care Provider as the Team Leader / Rob Miller, M.D.; Emergency Room Physician, Columbus Concussion Management Clinic, Columbus Community Hospital. <i>Objectives:</i> Demonstrate the tools available to assist in the diagnosis of a concussion; relate the roles of leaders in a multi-disciplinary concussion management team and explain strategies for effective communication among team members and review "XLNTbrain" concussion management system from injury to return to learn and return to play.
Everyone	How The Legal and Medical Worlds Need to Work Together / Mark Richardson, JD; Rembolt Ludtke LLP, Lincoln <i>Objectives:</i> Explain how medical professionals fit into the landscape of a personal injury case brought by one of their clients; examine how medical professionals can help make a client's legal claim less of a burden to their medical practice and illustrate unique features of a TBI personal injury lawsuit compared to other types of injuries.
3:15 p.m.	Conclusion (For contact hours, turn in online evaluation. Certificate will be emailed later.)

Contact Hours - 6 hours on 9/3/20 and 4 hours on 9/4/20

- Contact hours meet Nursing Standards, but may also be acceptable for other therapists, practitioners, educators and counselors. *Continuing Education Contact Hours are awarded by Iowa Western, IBON provider #6*
- If you wish to receive contact hours, contact Cindy at cindy@biane.org. Instructions will be sent to you regarding entering your license information at the Iowa Western Community College website prior to receiving your password to the virtual conference. You must send an email that says "Sign-In" in the subject line to cindy@biane.org both Thursday and Friday mornings and attend the entire day to receive full credit. You will also need to email your CEU evaluations to Cindy at the end of each day. Your certificate will be emailed at a later date.

8:00 a.m. Everyone	<p>Trauma-informed Care: / Matthew Garlinghouse, Ph.D., Clinical Neuropsychologist; UNMC Department of Neurological Sciences; Omaha</p> <p><i>Objectives:</i> Define trauma informed care, demonstrate why trauma informed care is important and illustrate how to use trauma informed care in practice</p>
9:00 a.m.	Breakout Sessions:
Everyone	<p>Meeting the Challenge of Brain Injury Through Resource Facilitation / Gina Simanek, MA, LMHP & Chris Stewart, BS, Resource Facilitators; Brain Injury Alliance of Nebraska</p> <p><i>Objectives:</i> Demonstrate what resource facilitation means in Nebraska, describe the needs and barriers that individuals with BI face, explain how brain injury brings about a lifetime of changes for the survivor, the family and the community, and examine cases of individuals served.</p>
Professional Level	<p>Reading and Writing Challenges Following Acquired Brain Injury / Karen Hux, Ph.D., Director of Research; OLI; Omaha; Professor Emeritus, Department of Special Education and Communication Disorders, University of Nebraska - Lincoln</p> <p><i>Objectives:</i> Describe reading and writing challenges experienced by adults with acquired brain injury, explain intervention approaches and compensatory strategies to support reading and writing, Identify methods of combining evidence-based treatments for acquired reading and writing disorders to design multi-component interventions matching client's strengths and challenges.</p>
10:00 a.m.	Break
10:15 a.m.	Breakout Sessions:
Everyone	<p>Ticket to Work: Brain Injury & Work / Shauna Dahlgren, Work Incentive & Community Outreach Specialist; Easter Seals</p> <p><i>Objectives:</i> Review social security disability programs; discuss employment considerations after a brain injury and identify available support for returning to work.</p>
Professional Level	<p>Movement Disorders in Persons with Brain Injury / Dr. Erin Cameron-Smith, MD Fellow, Movement Disorders; Department of Neurological Sciences, UNMC, Omaha</p> <p><i>Objectives:</i> Identify movement disorders that are commonly seen in persons with brain injury; review the evidence behind linking brain injury to movement disorders and discuss management options for movement disorders in persons with brain injury.</p>
11:15 a.m. Everyone	<p>Medication and Brain Injury / Karl Sandin, MD, MPH, Assistant Professor of Surgery (trauma); Medical Director, Arroyo Grande Hospital Rehabilitation, Arroyo Grande, CA</p> <p><i>Objectives:</i> Review medications with beneficial effects on disorders of consciousness; agitation, attention, memory, or mood after brain injury and compare and contrast pharmaceutical approaches for people with brain injury and preexisting or concomitant psychiatric diagnoses; learn medications to generally avoid after brain injury.</p>
12:15 p.m.	Conclusion (<i>For contact hours, turn in online evaluation. Certificate will be emailed later.</i>)
<p>Speaker Handouts Available Online from <u>August 31 to September 11</u>. Go to "Conference Speaker Presentations" to print handouts: https://biane.org/events/conference/speaker-presentations.html.</p>	